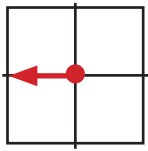
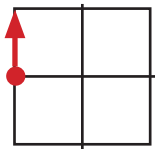


IN WHA 2: "AN UNBROKEN GLORY"



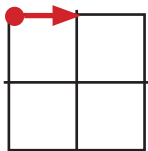
Start Facing Front, turn
90 **RIGHT**

1. **LOW X BLOCK** (Right foot steps right into a front stance)
2. **TWIN UPSET PUNCH** (No step)
3. **RIGHT JUMP FRONT KICK** (Left leg steps up to closed stance, jump both feet, land in right front stance)
4. **LEFT UPWARD ELBOW STRIKE** (chamber right arm out, left strike)
5. **PUNCH** (pull left arm down, and right punch)



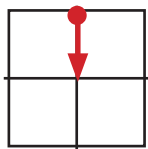
turn 180 **LEFT**

6. **LEFT RIDGE HAND BLOCK** (Right foot moves toward left, left foot steps back into middle stance, chamber for block)
7. **LEFT KNIFEHAND LOW BLOCK** (No step)
8. **LEFT HOOK KICK** (keep leg chambered)
9. **LEFT ROUND KICK** (pivot to land in middle stance)
10. **LEFT BACK FIST** (aim for mid-section)
11. **LEFT KNIFE HAND STRIKE** (aim for neck height)



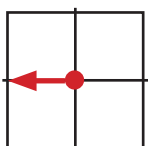
No Turn

12. **LOW X BLOCK** (right foot steps to left, left steps forward to front stance)
13. **TWIN UPSET PUNCH** (No step)
14. **LEFT JUMP FRONT KICK** (right steps up to close stance, jump both feet, land in left front stance)
15. **RIGHT UPWARD ELBOW STRIKE** (chamber left arm out, right strike)
16. **PUNCH** (pull right arm down, and left punch)



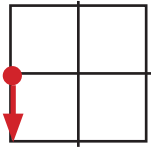
No Turn

17. **RIGHT RIDGE HAND BLOCK** (right steps out to middle stance)
18. **RIGHT KNIFEHAND LOW BLOCK** (No step)
19. **RIGHT HOOK KICK** (keep leg chambered)
20. **RIGHT ROUND KICK** (pivot to land in middle stance)
21. **RIGHT BACK FIST** (aim for mid-section)
22. **RIGHT KNIFE HAND STRIKE** (aim for neck height)



Turn backward
90 **LEFT**
end facing back

23. **KNIFE HAND LOW BLOCK** (left foot steps to right with 90 pivot into closed stance)
24. **LEFT SIDE KICK** (No step, set down into middle stance)
25. **LEFT HOOK KICK** (right steps up to left, finish with back stance)
26. **DOUBLE KNIFE HAND BLOCK** (reach both hands behind right side)



Turn backward
90 **RIGHT**
end facing parents



27.

KNIFE HAND SQUARE BLOCK (right steps 90 back into back stance with weight on left leg, chamber right arm on left, block towards front)



28.

LEFT UPSET KNIFEHAND STRIKE (reach right arm out towards parents to grab)

29.

RIGHT PUNCH (chamber left arm toward front)



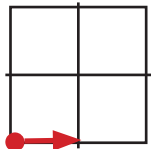
30.

HEAD GRAB (right leg moves into front stance facing front, grab at head height)



31.

LEFT KNEE STRIKE (put left leg down crossed in front of right, toes toward parents)



Turn 90 face Parents
Turn Back 90 face Back



32.

HIGH LOW BLOCK (chamber left high, right low, right steps forward into middle stance)



33.

RIGHT KNIFEHAND LOW BLOCK (left steps to right turning backward 90 into close)



34.

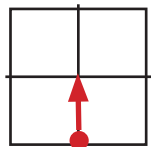
RIGHT SIDE KICK (land in middle stance)

35.

RIGHT HOOK KICK (left steps up to right, land in back stance)

36.

DOUBLE KNIFE HAND BLOCK (reach both arms behind left)



Start facing parents
Pivot to face Back
Turn 90 to face parents



37.

KNIFE HAND SQUARE BLOCK (Left steps forward into back stance, chamber left arm on right shoulder, right hand on side right hand ending in high block)

38.

RIGHT UPSET KNIFEHAND STRIKE (reach left out in front to grab, right strike)

39.

LEFT PUNCH (chamber right arm toward back, left punch)



40.

HEAD GRAB (left steps up to front stance, pivot so facing back)



41.

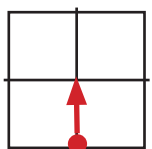
RIGHT KNEE STRIKE (put right leg down crossed in front of left, toes toward parents)



42.

HIGH LOW BLOCK (chamber right high, left low, left foot steps into middle stance)

KEY



Direction of movement
for the segment begin-
ning at dot and moving
toward arrow. Bottom of
square is front of room.



Line indicates your back side, with arrow showing which direction your body is pointing.



Green 90 turn arrow indicates you will move forward through your turn



Orange 90 turn arrow indicates you will move backward through your turn